

Moving to Assisted Living Checklist

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Before the move: paperwork and planning

- ☐ Read the residency agreement fully and ask about anything unclear
- ☐ Ask what the community needs from the doctor, such as a physical exam or medication list
- ☐ Ask the community what its move-in steps and timeline look like
- ☐ Confirm the move-in date, fees due and any notice terms in writing
- ☐ Gather identification, insurance cards and legal documents the community asks for

Common things families pack

- ☐ Clothing for all seasons that is easy to put on and care for
- ☐ Familiar items such as photos, a favorite chair or a blanket
- ☐ Medications and a current list from the doctor, handled as the community directs
- ☐ Glasses, hearing aids and other personal aids with their chargers
- ☐ Phone, charger and a list of family contacts

The first weeks

- ☐ Visit often at first, then settle into a regular rhythm
- ☐ Introduce yourself to the care team and share your loved one's routines and preferences
- ☐ Join an activity together if you can
- ☐ Tell staff about concerns early and ask how they follow up

Need help finding the right community? Call {{PHONE}} ({{HOURS}}). Free, no obligation. HavenLine is a referral service.

General information, not medical, legal or financial advice. Costs and rules vary by state and community.